

ADULT TENNIS PROGRAMS Bluewater Bay Tennis Center



Tennis 101 Mondays 6-7pm, Fridays 9-10am, Saturdays 11am-12pm

Designed for beginner adults, this monthly 4 week series will provide you with the basic skills and knowledge to move forward with confidence in our tennis programs.

Price: Complimentary for Members! \$67 for Non Members

Tennis 201 Mondays 6-7pm & Wednesdays 10-11am

Designed for the player who is returning to the game or recently starting out/Tennis101 graduates, USTA rating 2.5 and below. This clinic will give participants the basic fundamentals of the game, taking you through stroke development and match and point play development. The perfect complement to our Tennis Leagues.

Price: \$17 (Members), \$22 (Non Members)

Intermediate Morning Clinic Thursdays 9-10am & Saturday 9-10:30am

Morning Drills and point play for the intermediate adult player, USTA rating 2.5-3.75 and above. This Clinic is perfect for those looking to hit a lot of tennis balls and also play in competitive “match-like” scenarios with points and games against a variety of players each day. Our pros will put you through the paces and give broad advice on technique and strategy for you to take into your private lessons.

1 Hour Pricing: \$17 (Members), \$22 (Non Members) | 1.5 Hour Pricing: \$24 (Members), \$29 (Non Members)

Hit 2B Fit Tuesdays 6-7pm

Tennis Fit is an engaging group fitness program featuring the heart pumping effects of tennis drills, games, and skills delivering the ultimate full body and calorie burning aerobic and anaerobic workout. Tennis Fit is a very social activity for all ages, ability and fitness levels. The Low Compression Balls equalize the playing field, enhancing the workout to get you in the best shape of your life. All levels welcome, however, completion of Tennis 101 course is required.

Price: \$12 (Members), \$15 (Non Members)

Due to the current COVID-19 pandemic, please be aware that we will be administering strict new health and safety protocols, and modifying on and off court formats and schedules. All information is subject to change due to constantly evolving CDC, national, state and local guidelines.

Private & Semi Private Lessons Available

For more information or to sign up for a class, contact our tennis staff at 850-897-8010 or email g.bertoldo@cliffdrysdale.com

www.bluewatertennis.com